



## Mental Health Champions

Within school we have two mental health champions who participated in a course run by the national organisation Place2Be. This programme is designed to support schools to identify the work currently being done to create a positive mental health experience for the school community, and to provide guidance on what more we could be doing to embed a culture of supporting **positive** mental health within the school. They attended several days training, collaborated with other local schools to share ideas, best practice and evaluate our schools approach to addressing children's and staff mental wellbeing. This training has been disseminated to all staff within school with a positive response.