

Good To Know

1st May 2020

Working with Families News

News:	For more info:
<p>For the latest advice about the coronavirus and the services, advice and support that are available through the Council please refer to the main Sandwell council website.</p> <p>Sign up to receive email updates about how the Council is responding to coronavirus.</p>	<p>https://www.sandwell.gov.uk/coronavirus</p> <p>http://www.sandwell.gov.uk/emailupdates</p>
<p>The Parent Support Team are offering access to distance learning for moms-to-be using the Changes Antenatal materials. Please signpost to our online booking system for more details.</p>	<p>https://bookwhen.com/changes</p>
<p>Trained Changes Practitioners can access an online version of the Changes handbooks and other materials.</p>	<p>Email the Parent Support Team: Nikki_Russell@sandwell.gov.uk</p>
<p>The Breastfeeding Network are offering support via video conferencing and telephone.</p>	<p>https://bookwhen.com/changes 07505 775357 call anytime and leave your details</p>
<p>The NHS Change for Life website has added some indoor activity ideas to help keep children active whilst safe at home.</p>	<p>https://www.nhs.uk/change4life/activities/indoor-activities</p>
<p>Barnardo's have produced some advice for parents if they're struggling to keep their teenager in the house and sticking to lockdown rules.</p>	<p>Help your teenager</p>
<p>NSPCC Learning has pulled together resources to help people who work with children support children's mental health during the coronavirus outbreak.</p>	<p>Child mental health</p>
<p>UNICEF has published a report looking at the impact of coronavirus and lockdown on children and young people's lives in the UK.</p>	<p>Children in lockdown: what coronavirus means for UK children (PDF)</p>

<p>A useful ParentZone article highlighting the new safety features that Netflix has rolled out to help families have safer, more enjoyable streaming experiences.</p>	<p>Netflix Guide</p>
<p>REMINDER about the Uniquely Me parent guide from the Dove Self-Esteem Project which is designed to challenge appearance pressures.</p>	<p>Uniquely Me Guide</p>
<p>Brand new My Money Week 2020 resources are now available, along with all previous MMW resources back to 2014. Resources on offer for children and young people aged 3 to 19.</p>	<p>My Money Week Resource Hub</p> <p><i>* I had to use Google Chrome to open this link. It wouldn't open in Explorer*</i></p>
<p>One to be aware of for the future..... Facebook has launched its new app, Facebook Gaming, ahead of schedule. Like Twitch, Mixer and YouTube, the app lets the user watch esports or amateur game streaming and broadcast themselves playing games.</p>	
<p>Network West Midlands have a new online form to make it easy to apply for a refund on unused travel tickets where you have not travelled due to government advice to stay at home during the coronavirus (COVID-19) outbreak</p>	<p>Network West Midlands Ticket Refunds</p>
<p>Interserve carries out a wide range of vital roles to assist the NHS and other crucial services and are currently recruiting caterers, cleaners, porters, supervisory and health care positions in Birmingham and the surrounding areas.</p>	<p>https://www.careers.interserve.com/jobs/campaigns/</p>
<p>If you would like to promote services or information in this newsletter or share a good news story, please contact the team.</p>	<p>Parent Support Team parent_support@sandwell.gov.uk</p>