

Perryfields Primary School

'Growing and Learning Together'

Physical Education Intent

At Perryfields Primary School, we believe that a high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. Pupils are given opportunities to become physically confident in a way that supports their health, wellbeing and fitness. Opportunities provided allow pupils to compete in sport and other activities which build character and help to embed values such as tolerance, collaboration and respect.

The national curriculum for Physical Education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities;
- are physically active for sustained periods;
- engage in competitive sports and activities;
- lead healthy, busy lives.

Building upon these objectives, at Perryfields, we aim to ensure that all pupils:

- experience a broad range of activities through curriculum PE time, including gymnastics, dance, games, Outdoor Education, athletics and swimming;
 - know how to stay fit, healthy, and active and enjoy doing so, choosing to engage in physical activity and sport in their own time;
 - learn to win and lose, support others and be supported, showing sportsmanship and good character;
 - collaborate towards a common goal as well as individually improving their performance;
 - have opportunities to be creative in a range of activities;
 - play competitively, respecting officials and other players;
 - develop spiritually, morally and culturally through diverse activities and opportunities;
 - develop the whole child through: strengthening thinking and decision-making skills; building and increasing confidence and self-esteem; developing character and resilience; enhancing their commitment and desire to improve; allowing opportunities for enjoyment, fun and to be free-spirited and foster feelings of safety and security.