

The RAINBOW Diner

Love

MONDAY

Sausages with Onion Gravy

✓ Vegan Meatballs in Tomato Sauce

Mashed Potatoes, Peas
Fresh Side Salad

Iced Sprinkle Sponge & Custard
Fresh Fruit

TUESDAY

Chicken Korma & Rice

✓ Spaghetti in Tomato & Basil Sauce

Garlic Bread, Mixed Vegetables
Fresh Side Salad

Chocolate Sponge
Fresh Fruit

WEDNESDAY

Roast Chicken
with Stuffing & Gravy

✓ Cheese Whirl

Roast Potatoes, Broccoli, Carrots
Fresh Side Salad

Jelly or Mousse
Fresh Fruit

WEEK 1

DAILY

Jacket Potatoes
with Fillings
Assorted Sandwiches
Choose a main meal
and whatever sides
you like and then add
a yummy dessert.

For allergen information on all our
dishes please Tel: 0121 422 2848

Pizza Day

THURSDAY

✓ Cheese & Tomato Pizza

✓ Cheesy Pasta Bake

Peas, Sweetcorn
Fresh Side Salad

Vanilla Cookies
Fresh Fruit

FRIDAY

Fish Fingers

Chicken Nugget Wrap

Chips, Peas or Baked Beans
Fresh Side Salad

Ice Cream Pot

Fresh Fruit

The RAINBOW Diner

MONDAY

Hot Dogs

✓ Veggie Nuggets

Mashed Potatoes, Sweetcorn
Spaghetti Hoops

Iced Sprinkle Sponge & Custard
Fresh Fruit

TUESDAY

Marinated Chicken Wrap

✓ Mild Vegetable Chilli

Rice, Mixed Vegetables
Fresh Side Salad

Chocolate Muffin
Fresh Fruit

WEDNESDAY

Spaghetti Bolognese

✓ Cheese & Potato Pie

Garlic Bread, Peas
Fresh Side Salad

Jam & Coconut Sponge
Fresh Fruit

WEEK 2

Pizza Day

THURSDAY

Cheese & Tomato Pizza

✓ Mac N Cheese

Pasta, Sweetcorn
Fresh Side Salad

Fruit Jelly
Fresh Fruit

DAILY

Jacket Potatoes
with Fillings
Assorted Sandwiches
Choose a main meal
and whatever sides
you like and then add
a yummy dessert.

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FRIDAY

Flipper Dippers

✓ Quorn Parcels

Chips, Peas or Baked Beans
Fresh Side Salad

Ice Cream Pot
Fresh Fruit

Love

The RAINBOW Diner

MONDAY

Vegan Meatballs
in Rustic Tomato Sauce

✓ Vegetable Jalfrezi

Garlic Bread, Rice
Mixed Vegetables

Iced Sprinkle Sponge & Custard
Fresh Fruit



WEDNESDAY

Roast Chicken
with Stuffing & Gravy

Salmon Fish Cake

Roast Potatoes, Carrots & Broccoli
Fresh Side Salad

Blueberry Muffin
Fresh Fruit

WEEK 3

Pizza Day

THURSDAY

✓ Cheese & Tomato Pizza

✓ Veggie Pasta Bake

Pasta Salad, Peas
Fresh Side Salad

Jelly or Mousse
Fresh Fruit



DAILY

Jacket Potatoes
with Fillings
Assorted Sandwiches

Choose a main meal
and whatever sides
you like and then add
a yummy dessert.

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Chicken Nuggets

Fish Cake

Mashed Potatoes, Mushy Peas
Fresh Side Salad

Chocolate Crunch
Fresh Fruit



FRIDAY

Fish Fingers

✓ Cheesy Hot Sub

Chips, Peas or Baked Beans
Fresh Side Salad

Ice Cream Pot
Fresh Fruit

