



NEWSLETTER

18th April 2024

“Anyone who has never made a mistake has never tried anything new” – Albert Einstein

Dear Parents/Carers,

Attendance

Wk. beginning 8th April

Sapphire 95.6%

House Points

Dragon – 16,375

Griffin - 15,460

Phoenix – 17,882

Pegasus – 15,611

Praise Assemblies

Well done to all our pupils who received Praise Certificates!

Grandparents Afternoon

We are delighted to inform you about our forthcoming event. If you are a Grandparent, we would like to invite you to our Grandparents' Afternoon. There is a choice of two performances, either Wednesday 24th April or Thursday 25th April. On both days the doors will open at 1.45pm and the afternoon events will commence at approx. 2.15pm. You will require a 'ticket' to confirm your place. Letters will be sent out via your child's class teacher. Please return the ticket request slip from the bottom of the letter directly to the school office.

Vaisakhi and Eid celebrations

It was lovely to see all the children that celebrated Vaisakhi and Eid wearing their traditional clothing to school. A belated Eid Mubarak to all of our families who celebrated.

Perryfields Pre-School – Places Available

Do you have or know a child aged 3 and older? Pre-School still has free spaces available and is open between 8:45am-3:15pm Monday-Friday. Please call 07749 926083 for more information.

Voluntary Library Assistant Needed

We are looking for volunteers to kindly help maintain the Perryfields library on a weekly basis. If you would be interested in helping, please contact the school office for more details.

Volunteers Needed For The School Community Garden Project

We are excited to announce that we will be launching a new venture for our children. With your help, as members of our vibrant school community, we hope to create a new, on-site,

School Community Garden, where our children will have the opportunity to grow fruit and vegetables from seeds, care for them whilst they grow, pick, clean and prepare them so they will be ready to eat! We are looking for people who will be able to donate their time to help with landscaping, building and fencing. If you have contacts with companies that can donate money or materials it would be greatly received. Please contact the office if you can help in any way.

Water bottles

Please only fill your child's water bottle with water. We have noticed a significant change in the toilets lately and it would seem that many of our children are dehydrated. Children are asked to bring only water to school in their drinks bottles. We insist on water only as it has numerous benefits. Just for starters it lubricates the joints, delivers oxygen throughout the body, boosts skin health etc. Dehydration can affect brain structure and function. Prolonged dehydration can lead to problems with thinking and reasoning to name but a few. Please do not add anything to your child's water bottle as this will not have any of the benefits listed.

New Signing In And Out System is ACTIVE

The trial period of the new touch screen 'Signing In and Out System' at the school entrance is now over and is active. From now all children must be signed in and out of school via this system for post registration movements and **must be accompanied by a parent or carer**. We have set this system up due to the large number of children arriving late to school. Please note all lates will still be monitored and followed up. To avoid having to use this system please bring your child/children to school on time.

School doors open at 8:45am and close at 8:55am when the registers will be taken.

School Access

May we remind you that the vehicle gates are locked at 8.35am until 9.30am and then again at 3.10pm until 3.35pm. This is for the safety of the children and their parents/carers, so we cannot open them between these times.

INSET DAYS/ BANK HOLIDAYS

May 2nd – Inset Day (Children not in school)

May 3rd – Inset Day (Children not in school)

May 6th – Bank Holiday (Children not in school)

May 7th – Back to school (Children are in school normal times apply)

Please check the school website for any upcoming events. Please note events, dates and times can change so check the website regularly.

Yours sincerely,

T L Jones

MRS. T. L. JONES

Headteacher



UK Health
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A practical
guide
for staff

Managing **infectious** cases of **diseases** in all education and childcare settings

The online guide offers information and resources for the following:

Introduction to infection control in all education and childcare settings

Prevention and control

Outbreak management

Immunisation

Staff health, pet and animal contact

Cleaning the environment

Managing specific infections

Exclusion table

Diarrhoea and vomiting outbreak action list



Advice and guidance

To find out more, visit www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities or bit.ly/2xiJpPZ.





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Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.

I've heard the MMR causes autism. Is that true?

No. One study was published in 1998 that made this claim. Since then 21 research papers have proven this to be false and the lead researcher on the original paper is no longer allowed to practice medicine in the UK.

Is there animal substances in the MMR?

The MMR vaccine given out to most people does contain some pork substances. There is a pork free version of the MMR vaccine that can be requested.

Where do I get the MMR?

You can call your GP to book yours or your child's MMR vaccine at any time.

There are also many pop-up clinics happening in your area at the moment. You can find out about these at:

<https://blackcountry.icb.nhs.uk/your-health/health-advice/measles>

MEASLES AND THE MMR VACCINE



**HEALTHY
SANDWELL**
We find the support you need

Sandwell
Metropolitan Borough Council

What is measles?

Measles is a very serious disease that spreads very easily through people who have not had the vaccine. It can cause serious problems and even death in some people.

How do I know if it's measles?

Measles usually starts with cold-like symptoms. These include a high temperature, red eyes, a cough and a runny or blocked nose.

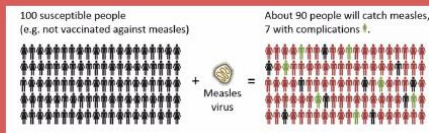
These are followed by a rash that usually starts on the face and behind the ears. The spots of the measles rash are sometimes raised and join together to form blotchy patches.

Small white spots may appear inside the cheeks and on the back of the lips.



Why is it spreading now?

Measles was nearly eradicated as the vaccine is so effective. However, recently fewer people have taken up the free vaccine available to all children on the NHS. This means that not enough people are vaccinated to stop it spreading. However, UKHSA have said there have been no cases of measles in anyone who has had both doses.



Who will catch it?

Anyone who has not had the MMR vaccine is vulnerable. The most at risk are children, pregnant women and those with weakened immune systems.

Why are people worried about measles?

One million children worldwide die from measles every year and pregnant women are at greater risk of miscarriage or early delivery.

Measles can also cause serious problems if it spreads to other parts of the body like the lungs or brain. It can cause pneumonia (a serious lung infection), blindness, fits and meningitis.

What do I do if I think someone I know has it?

It is important that you do not go to a GP or hospital without calling 111 first as you will need to be isolated upon arrival.

You can give paracetamol and plenty of fluids to help with some of the symptoms but there is no real cure.

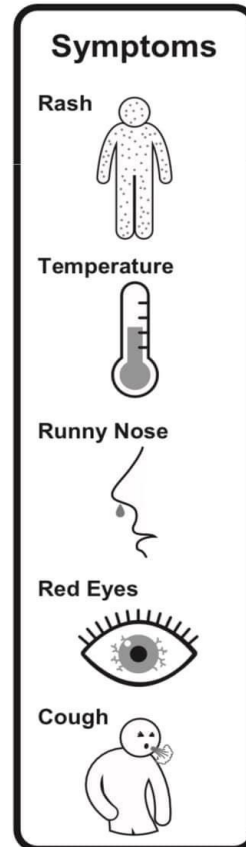
Try not to share items such as bedding and cutlery with a person who has the disease.



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Measles is circulating

- measles is extremely infectious and can be serious
- Make sure your children get two MMR vaccines on time; the first at 1 year of age and the second at 3 years, 4 months
- If you or your children missed these vaccines, it's not too late. Ask for the free vaccine from your family doctor (GP) if you or your children aren't up-to-date
- if you have symptoms of measles, stay at home and phone your GP or NHS 111 for advice. **STAY AWAY** from GP surgeries and A&E departments – you could spread the illness to others
- symptoms include: high fever; sore red, watery eyes; coughing; aching and feeling generally unwell; a blotchy red brown rash, which usually appears after the first symptoms
- go to [nhs.uk](https://www.nhs.uk) for more measles information



UK Health Security Agency gateway number: 2023004. Download only resource www.gov.uk/government/publications/measles-outbreak

This graphic illustrates the vaccinations your child should be having, according to their age.

